

Dr. Pankaj Upreti

(Ph.D. , D.Lit.)

Head

Department of Music,

Govt. Degree College Tanakpur- 262309

Champawat, Uttarakhand (India).



Personal Information

Father's Name – Late Anand Ballabh Upreti (Eminent Author, Journalist, (Rahul Sankritayan Award given By Tourism Ministry, Government of India) & Saraswat Sadhana award (Given by Uttarakhand Government).

Mother's Name- Late Smt. Kamla Upreti (Editor- Pighalta Himalaya- a weekly newspaper)

Date of Birth- 01/10/1972

Marital status- Married

Permanent Address- Shakti Press, J.K. Puram, Sector-D, Choti Mukhani-Haldwani Distt- Nainital, Uttarakhand. India.

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Youtube Channel- [pighaltahimalaya](#)

Educational Qualification

- **Sangeet Visharad** From Bhatkhande Sangeet Vidhyapeeth, Lucknow. Ist Division (1991).
- **M.A. (Hindi)** From Kumaun University, Nainital. IInd Division (1996).
- **Sangeet Nipun** From Bhatkhande Sangeet Vidhyapeeth, Lucknow. Ist Division (1997).
- **Ph.D.** From Kumaun University, Nainital. (2000).
Thesis Title – “ **Kumaun Ki Ramlila Ka Sastriya Ragon ke Pariprakhasya Mein Adhayan**”
- **M.A. (Music)** From Indira Kala Sangit Vishwavidyalaya, Khairagarh (C.G.). Ist Division (2004).

- UGC/NET/LS Qulified in Music (Vocal), (Dec. 2004).
- **D.Lit.** From Kumaun University, Nainital. (2011).

Thesis Title “Uttaranchal Ke Lok Geeton Ka Sahityik Evam Geetatmak Adhayan”

(A) **Book Published**

1. **Bhartiy Sangeet ek Parichay** ISBN 978-93-84970-00-0 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India.
2. **Swaranjali.** ISBN 978-81-930287-9-7 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India.
3. **Sangeet Sudha** ISBN 978-81-930287-2-8 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India.
4. **Sangeet Mani.** ISBN 978-81-930287-1-1 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India.
5. **Kumaun Ki Ramleela: Ek adhyyan.** ISBN 978-81-930287-4-2 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India.
6. **Kumaun ka Holi Gayan: Loak avam Shastra** ISBN 978-81-930287-6-6 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India
7. **Khari Holi of Kumaun** ISBN 978-1-312-87-58588 Published by Lulu Press,Inc, 3101 Hillsborough St, Raleigh, NC27607, USA
8. **Classical Holi of Kumaun** ISBN 978-1503023574 Published by Create-spess Press, NC, USA
- 9.

(B) **Chapter**

1. A Chapter (Geet- Naatya Saily mein hoti hai Uttarakhand ki Ramlila) published in the book entitled “**Uttarakhnad Ki Lok Sanskriti aur Rangmanch**”, Edited by Dr. Ajit Pawar, H.N.B. Garhwal University, Srinagar, page no. 137-141.
2. A Chapter (Baith Holi or sangeet) published in the book entitled “**Uttarakhnad : Holi Ka Lok Rang**”, Edited by Chanrasekar Tewari, Doon library & Research Center, Dehradun , page no. 57-63.

3. A Chapter (Shamshamik paripreksh mein Rabindranath Tagore) published in the book entitled “**Rabindra Sangeet : Bhartiya Shashtri Sangeet Aur Lok Sangeet Ka Samanvas**”, Edited by Pro.Atul Joshi ,Jagdamba Publishon Company,New Delhi , page no. 88-94.
4. A Chapter (Migration from Indian Himalayan Region:Challenges and Strategies) published in the book entitled “**Johari Pravass Vyavastha Aur Sanskriti Ka Palayan**”, Edited by Pro.Atul Joshi ,Jagdamba Publishon Company,New Delhi , page no. 116-125.
5. A Chapter (Shastriya Sangeet Aur Aadhyatma ke Beech) published in the book entitled “**Pahar 20-21 : Smriti Ank**”, ISBN 81-86246-70-3, Edited by Pro.Shekhar Pathak , Pahad foundation,Nainital, page no. 330-333.
6. A Chapter (Uttarakhand me Lok Rang par aadharit Paryatan) published in the book entitled “**Uttarakhand me Paryatan ke Vibhinna Aayam : Avsar Evam Chunotiya**”, ISBN- 978-93-85437-25-0, Edited by Pro.Atul Joshi, Jagdamba Publishing Company New Delhi, page no. 79-81.
7. A Chapter (is shiksha niti ki buniyad Tagore ke Gurukul me dikhai deti hai) published in the book entitled “**Bharat Ki Nayi Shiksha Niti Or Gurudev Rabindra Nath Tagore**”, ISBN- 978-93-91377-27-4, Edited by Pro.Atul Joshi, Indu books services pvt ltd Dariyaganj, New Delhi, page no. 127-129.
8. A Chapter (Jasuli saukeyani ki smirtiyan ke sath home stay ki sanskritik pahal) in the book entitled “**Grah pravass paryatan evm bhartiya himalaya khetra me satat vikassambhawnayein evm chunotiyan**”, ISBN- 978-81-19907-94-6 , Edited by Pro.Atul Joshi, Indu books services pvt ltd Dariyaganj, New Delhi, page no. 47-55.

(C) **Book Edited**

1. “**Kahi – Ankhi**” written by Late. A.B. Upreti ISBN 978-93-84970-01-7 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India.
2. “**Rajnigandha**” written by Late. A.B. Upreti ISBN 978-93-84970-02-4 Published by Pighalta Himalay,Haldwani Haldwani Distt- Nainital, Uttarakhand. India.

3. **“Prerna”** written by Late. A.B. Upreti ISBN 978-93-84970-03-1
Published by Pighalta Himalay, Haldwani Haldwani Distt- Nainital,
Uttarakhand. India.
4. **“Hauldar”** written by Late. A.B. Upreti ISBN 978-93-84970-10-9
Published by Pighalta Himalay, Haldwani Haldwani Distt- Nainital,
Uttarakhand. India.
5. **“Himadri”** Annual Magjine of Govt. Post Graduate College- Berinag.
Distt- Pithoragarh, India.
6. **Sub-editor** ‘Smarika’ Shabdwali Ayog Govt of India New Delhi,
Published by S.S.J. Campus Kumaun University Almora. September
1999.
7. **“Bhaut Haige Ho Ugar Katye”** a kumauni book written by Late. A.B.
Upreti ISBN 978-93-84970-11-6 Published by Pighalta Himalay,
Haldwani Haldwani Distt- Nainital, Uttarakhand. India. 2019
8. **“UPRETI”** by Late. R.B. Upreti ISBN 978-93-84970-16-1 Published by
Pighalta Himalay, Haldwani Haldwani Distt- Nainital, Uttarakhand.
India. 2020

(C) **Paper Published in Reputed Journals**

1. Lok Geet avam shastriy Geet ka sambandh, ‘Vidya Varta’ International
Journal, Issue 08. Vol-8, Oct to Dec 2014 Page 69- 72 , ISSN-23199318
2. Geet avam Sangeet ka Sambandh ‘Vidya Varta’ International Journal,
Issue 08. Vol-06, Oct to Dec 2014 Page 163-166, ISSN-23199318
3. Kumayun Ke Manglik Geet ‘Sangeet Galaxy’, Vol-04, N0.1 (January
2015) Page 34-41 , ISSN-2319-9695
4. Thakur Sukhwasi Chandra urf BulakiRam ‘Sangeet Galaxy’, Vol-04,
N0.2 (July 2015) Page 42-45 , ISSN-2319-9695
5. Kumayun Ke Shastriya Holy Geet ‘Sangeet Galaxy’, Vol-05, N0.1
(January 2016) Page 18-21 , ISSN-2319-9695
6. Ravindranath Ka pahad Prem or Sangeet ‘Sangeet Galaxy’, Vol-05,
N0.2 (July 2016) Page 31-34 , ISSN-2319-9695

7. Research article “Ravindra Sangeet: Bhartiya Shastriya Sangeet Aur Lok Sangeet ka Samanway” publishen in Sodh-Sandhan, an International journal of Arts, Humanities, Social Sciences and Business Studies, 03, Vol.1, july-august, 2016. ISSN-2455-4804.
8. . Pahad ka Chaiti Gayan ‘Sangeet Galaxy’, Vol-06, N0.1 (January 2017) Page 36-39 , ISSN-2319-9695
9. Uttarakand ki Ramleela ka Sangitik Paksh ‘Sangeet Galaxy’, Vol-07, N0.2 (July 2018) Page 23-27 , ISSN-2319-9695
10. bharat-tibet vyspsr aur sangeet ‘Sangeet Galaxy’, Vol 8, (Janury 2019) Page 34-39 , ISSN-2319-9695
11. Uttarakand ka Binai Vadya Yantra ‘Sangeet Galaxy’, Vol 8, (July 2019) Page 34-39 , ISSN-2319-9695
12. Radhe Shyam Sangeet Ras Abhi Bhi hai Pahadon Me ‘Sangeet Galaxy’, Vo9, (Janury 2020) Page 46-50 , ISSN-2319-9695
13. Uttarakand Me Lok Rang Aur Paryatan ‘Printing Area’, (Oct. 2020) ISSN-23945303, Impact Factor 7.387, Vol- 04, Issue-70. Page 141-143.
14. Uttarakand ke Holi Geeto ka Gayan kram ‘Bohal Shodh Manjusha’, (28-2- 2021) ISSN-2395:7115, Impact Factor 3.811, Vol- 13, Issue-2(1). Page 111-114
15. . Uttarakand ki Gathayein : Sangeet ke saath Aastha aur Pooja ka Samanjasya ‘Bohal Shodh Manjusha’, (30-4-2021) ISSN-2395:7115, Impact Factor 3.811, Vol- 13, Issue-4(1). Page 159-163
16. Uttarakand ki Gaathaon me Sangeet, ‘Vidya Varta’ International Journal, Sept 2022, ISSN-23199318, Impact Factor 8.14, Vol- 8, Issue-43. Page 121-124
17. Jagar Mein Zinda Hai Jiya Rani, ‘Vidya Varta’ International Journal, Oct 2023, ISSN-23199318, Impact Factor 9.154, Vol- 8, Issue-48. Page 156-158.

18. Johar Ghati Aur Netra Singh Ka Sangeet Yogdan, 'Vidya Varta' International Journal, June 2024, ISSN-23199318, Impact Factor 9.29, Vol- 50, Issue-10. Page 179-188.

19. 'Lucknow ki Sangeet Parampara mein Bhatkhande Sangeet Vidyapeeth' 'Trends in Emerging Research and Development' International Journal, July 2024, ISSN-2584-282X, Vol- 2, Issue-4. Page 1-3.

20. 'Soor ke padon kee geyataa ; Soor Sangeet', 'Advance Research in Multidisciplinary' International Journal, ISSN- 2583-9667, Vol- 3, Issue-1, 2025 . Page 1-4.

(D) Selected Articles published in News papers and Periodicals

1. Sangeet ke Kshetra me Haldwani ka Yogdan, UttarUjala 7-10 November 1992.
2. Halswani or Bhartiya Shastriya Sangeet, Prabodhini Annual Magajine M.B. P.G. Haldwani. 1992
3. Haldwani or Bhartiya Shastriya Sangeet, Prabodhini, annual Magajine MBPG Haldwani, 1994-95
4. Smriti- Natakhar evam Upanyash kar' Pt. Govind Ballabh Pant' Uttarakhand Shodh Sansthan. Lucknow.1996.
5. Kumaun Anchal ki Ramleela, Rashtraiya Sahara, Daily News paper 6 Sep 1997
6. Yad Rahenge Baba Sukh Lal urf Sukhhan. 'Purvasi' Almora, 1997
7. Natakhar 'Pt. Govind Ballabh Pant, Katuri Mansarovar, New Delhi.1997
8. Badalte Swaroop me Kumaun ke Tyohar, Kumaon Mahotsav Smarika Nainital. 1997.
9. Holi Baithak par Chhid rhi Bahas ka ant kya hai?' Purvasi' Almora.
10. Fakkad Holi Gayak- Jagan, Nainital Samachar, 15 March 1999
11. Kala sangeet ka Nash Marti Vyaystha, 'Soop' Almora 1999.
12. Sanrakshan ke abhav me dam todte kalakar,'purvasi' Almora 1999.
13. Rag Bharavi or kumaon ki ramleela. Samarika, kumaon Mahotsav, Almora 2000
14. Pahad ki chuppi ko jante the 'Guru Kishor, 'Purvasi' Almora 2000.

15. Bhartiya Sangeet: Sanskar balalte Shabd, 'SOOP' almora 2000.
16. Sangeet-Durgati ya parivartan, Sangeet Hathrash, Aprail 2001
17. Himalaya ka Sangeet Himalay hai, Purvashi, Almora.2002
18. Haldwani ki Ramleel, 'Purvashi' Almora 2002.
19. Suron ki Gauravshali Parampara, Smarika, Sharodovtsav. Pithoragarh 2003
20. Shastriya Sangeet ka Kendra bhi ban chukka hai Hladwani, Amar Ujala Daily News Paper 27 October 2003
21. Sri HariSankirtin Sabha: Itihas Sunhara Hai. Amar Ujala Daily News Paper 21 July 2003
22. Loak Sangeet ko Jivant karna hoga, Samiksha Lekh, ' Sangeet hathrash' October 2003.
23. Jhooth mujhse kaha nhi jata or sanch koi sunne ko taiyar nhin, Purvashi rajat jayanti ank 2004.
24. Loak Geeton ke madhayam se vigyan chetna, Sahara Samay Daily News Paper 5 June 2004
25. Radhe Nand Kunwar Samjhay Rhi, Amar Ujala, 1 March 2004.
26. Vaibhavshali Shoka v Rang Sanskriti, Sahara Samay 6 Marah 2004
27. Loak Gayakon ke bina kaisi Holi, Sahara Samay, 13 March 2004
28. Uttaranchal ke Gaurav- Kavivar Gumani, Sahara Samay, 10 April 2004.
29. Loak Geeton ke Madhyam se Vigyan Chetna, Sahara Samay 5 June 2004.
30. Aise Ram Kumaun Ke, Sahara Samay, 16 October 2004.
31. Pandit Chandra Shekhar Pant: Khoj abhi baki hai. Sangeet, Hathras, U. P., India, June., 2005.
32. Ek anthiin sambhawana the Mohen Upreti, Magjine Dandi-kanthi, Mumbai, June 2005.
33. Pahad ki Holi, Dandi-kanthi, Mumbai, June 2005
34. Geetkar ka Maun toot gaya, Purvashi, 2005
35. Uttarakhand mei shashtriya sangeet: Atit se vartaman tak, Daily Uttar Ujala, 31st Oct. 2005
36. Rang Barsat Kahin Abir Udavat, Sahara Samay, 26 March 2005.
37. Chandra Shekhar Pant, Sangeet ko di nai Disha, Daily Dainik jagran 12 Sep 2005.
38. Rangmanch par to jinda hai Mohan Da. Sahara Samay, 11 June 2005.
39. Ragon me guthi Ram ki Leela, Sangeet, Hathras, U. P., India, July., 2006.
40. Katthak Nartak Harish Chandra Bhagat, "Purvashi" Alomora 2006.

- 41.Lavkush kand ki rochak parampara hai Ranikhet me.'Purvashi' Almora 2007
- 42.Kun ke Mashhoor rang karmi mohan upreti, monthly magjine Himil Prasang June 2007
- 43.Gangoli ki holi ka andaj hi niralala. Monthly magjine 'Himal Prasang'2007
- 44.Uttaranchal ki Gathayen: Sangeet ke sath astha or Pooja ka Samanjashy. Sangeet, Hathras, U. P., India, June., 2008.
- 45.Uttarakhand- Sanskritk paramparaon par kulhari na chalayen. Sangeet, Hathras, U. P., India, May., 2008.
- 46.Kala or Kalakar ko tamasha banne se rokna hoga. Sangeet, Hathras, U. P., India, Apr., 2008.
- 47.Ek itihās Ke roop me Samne hai Pandit Keshev Dev Vasisth. 'Purvashi' 2008
- 48.Badhta Samajik Pradushan uttarakhand ki sanskritik paramparon ko leel raha hai. Smarika, shrm jivi patrakar union pithoragarh. 2008.
- 49.Table banana ka jadugar hai Munnavar Ali Shekh ka Gharana Sangeet, Hathras, U. P., India, Sep., 2009.
- 50.Kumaon me kala, Kalakar or Kalakari, Smarika Chhaliya Mahotsav Samiti 2009 Pithoragarh
- 51.Rangkarm ko samarpit: Chandra Shekhar Kapil, 'Purvashi' 2009
- 52.Geet Sangeet ke roop me Jagar' Samarika; Ashik Golu mahotsav Chitai Almora 2009
- 53.Bharat-Nepal Ke Semant Mein Sadhak Aur Pracharak Banker Thakur Sukhbasichandra, Sangeet, Hathras, U. P., India, Oct., 2010.
- 54.Parvatiya Sastriya Holi Ke Dhab Nirale Hein, Sangeet, Hathras, U. P., India, Mar., 2010.
- 55.Koi nhi sambhal paya Bhagat ki virashat' Sangeet, Hathras, U. P., India, Aug, 2010.
- 56.Kumaoni Ramleela: Sthapna ki drishti se. "Vashudhara" smarkia Ramleel samiti Pithoragarh 2010
- 57.Udisha me goonji pahad ki holi monthly magjine 'prakrit loak' ranikhet January 2010
- 58.Bharat Nepal ke Seemant me Sadhak aur Pracharak Bankar rhe Thakur Sukhbshi Chandra urf Bulaki ram Sangeet Hathrash 2010
- 59.Parvatiy Shastriy holiyon ke dhab nirale hain. Sangeet Hathrash march 2010

60. Uttarakhand Mein Manglik Geeton Ki Lambi Parampara, Sangeet, Hathras, U. P., India, Mar. 2012.
61. Udad Gayi Gayakon Ki Basti Aur Lupt Ho Rahi Hai, Sangeet, Hathras, U. P., India, Feb, 2012.
62. Uttarakhand me Manglik Geeton ke lambi Parampara Hai, Sangeet Hathras, March 2012
63. Ritu Rain Gayki, Sangeet Hathras 2012.
64. Loak Gayakon ke Bina Kaise holi, Sahara Samay Daily News paper 13 March 2014.
65. Anand Ballabh Upreti ki Virashat, Sangeet Hathras, 2014
66. Yatra ke bahut path hain is pahad me, Kailash Mansarovar yatra, rajat jayanti varsh Smarika Kumaon mandal Viksah Nigam.....
67. Himalay ka Sangeet ek Jaisa Hai, Nainital Samachar, Fortnightly news Paper 15-30 November.....
68. Rango Mein Rangi Kumaoni Holi.... article published in Dainik Jagran News paper on 05-mar.-2015.
- 69.. "Jodane Wala ho Patrakarita Ka Mishan" article published in Umesh Dobhal Trust Magazine, 75-76, 2015
70. "Ravindra Sangeet" article published in Himalayan Educational, research and development society, Haldwani (Nainital), Uttarakhand, 41, 10- may-2015.
71. "Ek Sapna Jo Ramgarh Me Pura Ho Sakta Hai" Published By Shanti Niketan Trust for Himalaya Ramgarh, Nainital, Uttarakhand. P.No. 31-32 7 May 2017.
72. "Patrikarita Bhasha – Shelly Ka Sedha Prabhav Samaj Se Hai." article published in Umesh Dobhal Trust Magazine, 2017.
73. "Munsyari Aur Pighalta Himalaya " article published in Smarika Inter College Munsyari Old Student Association , 4 June ,2018.
74. "Mallital ka Johar Bhawan" article published in Smarika Shri Ram Sevak Sabha, Nainital Diamond Jublie edition, page no.-155-156.
75. "Sangeet Ka Naad And Tanakpur"-article published college magazine (GDC Tanakpur) Shaarda, page no.-4-5.
76. "Lok Nrityageeton ki bhoomi hai Uttarakhand" article published in Kalavasudha magazine Lucknow, ISSN-2348-3660 ,page no.-109-117.

77. "Mathura Datt Jyuk Lok" article published in Pehru (Kumaoni Monthly magazine) Almora, page no.-24.
78. "Hmare na raag chute na taal" article published in Kalavasudha magazine Lucknow, ISSN-2348-3660 , page no.-34 , July - September 2020.
79. "Himalaya sanskriti : Hasri Pradarshani article published in Kalavasudha magazine Lucknow, ISSN-2348-3660 , page no.-141 to 142, July - September 2022 (Peer Reviewed).
80. "Media gharano ko milna chahiye sanrakshan" published in parvatiya patrakar mahasangh smarika Haldwani. may 2023 page no-27-28.

(E) **Selected Presentations through All India Radio & Doordarshan**

1. Loak Sanskriti ke Sankrakshen ki Avyakshta, All India Radio, Almora 18 June 1996.
2. Lecture Demonstration on Ragon ke paripreksh me kumaoni Ramleela ka adhyan. All India Radio 30 Sep 1999
3. Kumaon ke mahan Sangeetachary, All India Radio Almora 5 May 1999
4. Sangeet le Kshetra me Uttaranchal Ki Vibuti: Sangeetkar Chadra Shekhat Pant(Kumaoni Varta) All India Radip Almora 29 Jan 2001.
5. Kumaon ki sahyik Parampara, Kumaoni Varta, All India Radio Almora 23 aug 2002
6. Uttaranchal me Shastriya Sangeet ka Itihas, Kumaoni karyakram, 20 Nov 2002
7. Bharitya Sangeet ka Itihas, Kumaoni Varta, All India Radio 13 Aug 2003.
8. "Kho rahi hai mailon mein sangeet ki chaal", All India Radio 12 May 2015.
9. "Lok Se Upje Geet" , All India Radio 27-11- 2015.
10. "Berinag Ka Etihashik , Dharmik or Sanskritik Mahttav", All India Radio, Almora, Presented by DTH Delhi, 02/08/2016.
11. Delivered an audio lecture on "Kumaon kee Ramlila and Music", Uttarakand Open University, 19.09.2017
12. An article delievered which is based on kumaouni Holi. Topic is "regional folk and light music all India programme" on January 2018.

13. To commit a conversation on the subject “kumaouni baith Holi”. Telecasting on 15.01.2018.
14. Presented “ Baithaki Holi” Doordarshan Uttarakhand & Doordarshan U.P., 10 Feb. 2020.
15. To commit a conversation on the subject “Hamari Holi Geton Ka Swarup”. Telecasted on 17.02.2020.
16. Documentry script and research work on “ Purnagiri Darshan” for Doordarshan Uttarakhand, telecasted on 17.03.2020.
17. Presented “Traditional Baithaki Holi Geet of Kumaon” Doordarshan Uttarakhand & Doordarshan U.P., 30 Dec. 2020.
- 18.

(F) Sub-Editor/Advisor/Member

1. Pighalta Himalaya Weekly News Paper, Haldwani, Distt- Nainital, Uttarakhand. 1982- 2001, Cultural Advisor from 2001 – till today.
2. Correspondent - Aughadnath, Merrut. Weekly News Paper 1990-1992.
3. Correspondent – Keshar Khushbu Times. Merrut, Daily News Paper 1990-1992
4. Correspondent – Utter Ujala, Hladwani, Daily News Paper, 1988-1997
5. Correspondent – Rashtriya Sahara, Daily News Paper Lucknow, 1995-1997
6. Editorial board Member of “SHODH-SANDHAN”, an international online
7. (B.O.S) Member of Music Department of Kumaon University, 2017-18, 2018-19, 2019-20. 2020-21
8. Distt Co-ordinator of Champavat of sparshganga organisation at Param Himalaya Nidhi Nyas, Dehradun.
9. Member of Music Board of all India Radio.2018-2021
10. Stata Coordinator in International Seminar “Global Folk Traditions & its Reflections” organized by Department of Dance, Faculty of Performing Arts, BHU during 4-5 October 2018.
11. Column write in Naini Katha for Amar Ujala. 2019, 2020.
12. Paper setter for M.A. Music for Sri Dev Suman Uttarakhand University, Badshahithaul, Tehri Garhwal , UK(2019-20)
13. Member of Execution Commitee of Covid 19 , Dengue, etc. (by District Administration ,Champavat 2020-21)
14. Organised Secretary of Inter College Athletics Games Soban Singh Jeena University Almora in Tanakpur on December 2021.
15. University Team Selector of Inter College Kabbadi Kumaon University Nainital on December 2021 in Khatima.

16. Paper setter for B.A. Music IIISem. for Kumaon University , Nainital UK (2022)
17. Member of VMC Kendriya Vidyalaya No.-1 Banbasa Cantt, Banbasa (Champawat), 2019-20, .2020-21, 2021-22, 2022-23.
18. Organised Secretary of Inter College Kho-Kho Soban Singh Jeena University Almora in Tanakpur on December 2023.
19. NODAL officer "Namami Gange" Tankpur Champawat, Uttarakhand), 2019-20, .2020-21, 2021-22, 2022-23.
20. Paper setter for B.A. Music VISem. for Soban Singh Jeena University , UK (2023)
21. (B.O.S) Member of Music Department of Soban Singh Jeena University, 2022-23, 2023-24
22. Nodal Officer Of Sanskritik Utsav Tanakpur distt Champawat Uttarakahand 14/01/2024 to 22/01/2024. By Tourism Department & Distt Administration.

(G) Lecturer Demonstration/Seminar/Webinar/workshop and Stage Shows

1. Participate as Music instructor in music work shop organized by resional cultural center Kumaon Mandal Cultural Dept Utterpredesh 10 July to 25 July 1989 at Haldwani.
2. Instructor music workshop (Vocal), organized by directorate of Music utterpredesh and Bhatkhende Hindustani Sangeet Mahavidyalay Lucknow 15/02/96 – 03/03/1996 at Ranikhet.
3. Participate in Dr. Ambedkar Mela 1997 at Lucknow. 14-17 April 1997
4. Participate in a workshop organized by Science and Technology Vocabulary Commission, MHRD New Delhi, New Delhi. S.S.J. Campus Almora. 25-28 June 1997.
5. Participate and Present Kumun cultural programmes in ‘VIRASAT’ organized by REECH, DehraDun, 12-04-1998.
6. Participate in Golden Jubilee festival of Independence organized by Cultural Department of Utterpradesh and District Administration of Nainital 09-08-1998, Shaily Hall, Nainital.
7. Obtain first place in Classical Vocal competition organized by Yuva Kalyan evam Pradeshik Vikas Dal Nainital. 11 Dec 1998

8. Participate in Kumanon Mahotsav Champawat 1998
9. Participated in Haldwani Mahotsav 1999
10. Participate in a workshop organized by Science and Technology Vocabulary Commission, MHRD New Delhi, New Delhi. S.S.J. Campus Almora. 27-30 September 1999.
11. Brhaddisi Sangeet Mahotsav Sangeet Natak Academy New Delhi at Gandhi Bhawan Panjabi University Chandigarh 27-31 Oct 2002
12. Actively Participated in Gangawali Mahotsav, Gangloihat. 2005.
13. Participate in National Seminar on Human Rights in India: Issues and Challenges organized by UGC. Govt. P.G. College Ramnagar. 20-21 December 2007.
14. Lecture Demonstration on 'Hudikya Baul' Programme organized by Sambandh Society supported by department of culture, Govt of India at Champawat. 25 May 2008.
15. National Youth Festival, Amritsar Punjab Govt of India Dept of Youth Affairs 12 -16 January 2009.
16. National Youth Festival, Bhubaneshwar, Udisha Ministry of Youth affairs, Govt of India 8-12 January 2010
17. Participated in one day workshop on HIV-AIDS organized by USACS Dehradun at Medical College Haldwani. 25 Feb 2010
18. Actively Participated in three day workshop of red ribbon club organized by NSS cell Kumaun University Nainital. At SSJ Campus Almora. 22-24 February 2010.
19. Actively Participated in three days workshop of red ribbon club organized by NSS cell Kumaun University Nainital. At Almora. 18-20 October 2011.
20. Lector demonstraton at Teachers training programmes organized by CCRT Govt of India Bhimtal, Didihat, Etc. 2013
21. Demonstration Lecture at Berinag Mahotsav Berinag. 08 to 11 april 2012.
22. Participation of Nanda Mahotsav. Didihat, 2012
23. Cultural coordinator at International seminar organized by Vshw Hindi Manch and UGC at upadhi mahavidalay Pilibhet U.P 6 to7 July 2014

24. Research Paper presentation at Seminar organized by Malla Johar Vikas Samiti 5 November 2014.
25. Participate in Annual Programme of Johar Club. Every June from 2005 till today
26. Active Participation in Annual Programme ‘Hari Pradershni’ Malla Dummar. Munshyari. Every 5 to 7 November from 2001 till today.
27. Johar Mahotsav, Haldwani. 15-16 November 2014
28. Participated in two days national workshop on “ Elachandra Joshi: Smiritiyan Evam Prasangikta” organized by Mahadevi Verma Srijan Peeth, Kumaun university, Dec. 13-14, 2014. SSJ campus college Almora.
29. Attended National workshop on “Ikkisvi sdi ki chunautiyan: Bal Sahitya ki Sambhavnayen” organized by BHU, Varanasi and presented paper entitled “Baal Rangmanch”, Feb. 02-03, 2015.
30. Participated in five days 19th National youth festival 2015, guwahati-Assam, Feb. 08-12, 2015.
31. Participated and presented a paper entitled “Ravindra Sangeet” in 03 days National Seminar on Himalayan Educational Research and Development Society in association with Kumaun University , Nainital on 10th may, 2015.
32. Participated in 03 days National Seminar on “Lok Sahitya : Param aur vikas” organized by central Hindi Directorate, MHRD, New Delhi in association with Kumaun University , Nainital on 29th july- 31 july, 2015.
33. Participated in 02 days National Seminar on “Parvatiya Shetron mein uchha sikha ki samasya and sambhawana” jointly organized by ICSSR New Delhi, Ucost and USAC Dehradun , MB PG College Haldwani, on 22-23 Nov. 2015.
34. Organised One day National Seminar on “Himalaya ka lok or sangeet” jointly organized by Himalaya Sangeet sodh samiti, Haldwani and Sangeet natak academy at Himalaya Sangeet sodh samiti, Haldwani , on 22 Feb. 2016.

35. Participated in 02 days National Seminar on “Sustainable Development in Indian Himalayan Region : Prospects & Challenges” jointly organized by academic collaboration with ICSSR , UCERC & HERDS Haldwani, on 14-15 Mar. 2016.
36. Participated in 02 days National Seminar on “Indian Culture : Prospects & Challenges” jointly organized by academic collaboration with ICSSR , UCERC & HERDS Haldwani, on 14-15 Mar. 2016.
37. Participated and presented a paper entitled “Ravindra Sangeet” in 02 days National Seminar on Himalayan Educational Research and Development Society in association with Kumaun University , Nainital on 7-8th may, 2016
38. Participated and Paper Present entitled “Chati Gayan or Pahad” on Human Activity and Nature : Inter-Disciplinary Perspective on Sustainability in the Himalayas held at Nanital on 5 and 6 Nov 2016.
39. Participated and Paper Present entitled “Bharat me Sangeet evm vaishvikaran” National Saminar on Globlization, Market and Consumer Rights Issues and Challenges held at Nanital on 11 and 12 Nov 2016.
40. Participate and presented a paper entitled “Bharat Ka Sangeetik Parivesh” 02 days national seminar on Dayanand Vedic College, Urai, UP.in association with Higher Education , UP on 5-6th march 2017.
41. Participated in National Seminar “vedon me jeewan rahasya” on Madhav degree college Gwalior, MP On 20 march 2m5017.
42. Participate and presented a paper entitled “Gautam Buddha: Lok Ka Sangeet” 02 days national seminar on Sahitya-Mandal, Shrinathdwara, Rajasthan.in association with Amritsar Pratisthan New Delhi on 25-26th may 2017.

43. Participated and presented a paper entitled “Samkalin Paripreksha Me Gurudev Ravindra Nath Tagore” in 02 days National Seminar on Shanti Niketan Trust For Himalaya Uttarakhand” in association with Kumaun University , Nainital on 6-7th may, 2017.
44. Participate and presented 10 days Workshop & Stage Shows In Haldwami Organised by Azim Premji Foundati on 20-29 Oct. 2017.
45. Participated in Kumauni Bhasha Sammelan National Seminar entitles "Lok Bhashao Ka Mahatv" in Almora. Organised by Kumauni Bhasha, Sahitya evm Sanskriti Prachar Samiti Almora on 3,4,5 nov 2017.
46. "Shri Hari Pradarshani" Malla Dummar, Munsyari. Organised by Hari Smarak Samiti on 9 nov 2017.
47. Participate and presented a paper entitled “International Tourism and Economic Health of World” 02 days International seminar on S.S.(PG) College, Mumukshu Ashram, Shahjahanpur , UP on 16-17 Dece. 2017.
48. Organised 2 day National Seminar on jointly organized by Himalaya Sangeet sodh samiti, Haldwani and Sangeet natak academy at Himalaya Sangeet sodh samiti, Haldwani , on 22-23 Feb. 2017.
49. Participated and presented a paper entitled “Rabindra Sangeet : Bhartiya Sangeet Aur Lok Sangeet Ka Samanvaya” in 02 days National Seminar on Shanti Niketan Trust For Himalaya Uttarakhand” in association with Kumaun University , Nainital on 6-7th may, 2018.
50. Participated and presented a paper entitled “Johari Pravas Vyavastha Aur Sanskriti Ka Palayan” in 02 days National Seminar Kumaun University , Nainital, Uttarakhand” in association with on

Department of Commerce, DSB Campus Kumaun University ,
Nainital on 19-20th Nov, 2018.

51. Organised 2 day National Seminar on jointly organized by Himalaya Sangeet sodh samiti, Haldwani and Sangeet natak academy at Himalaya Sangeet sodh samiti, Haldwani , on 22-23 Feb. 2019.
52. Participated and presented a paper entitled “Uttarakhand mein Lokrang par aadharit paryatan” in 01 day National Seminar on Shanti Niketan Trust For Himalaya Uttarakhand” in association with Kumaun University , Nainital on 6-7th may, 2019.
53. Participated and presented a paper entitled “Vivekanand ka sanskritik darshan” in 01 day National Seminar on "Rashtiya Vyaktitva Vikas Sangoshti ” in association with Swami Vivekanand peeth and Kumaun University , Nainital on 30th September, 2019.
54. Participated and presented a paper entitled “Yog and Music” in 03 day National Seminar on "National Yoga & Seminar ” in association with Navyog gram (Suryodya sewa samiti) Yog sport association (India), Ministry of Ayush , on 16th to 18th November, 2019.
55. Organised 2 day National Seminar on jointly organized by Himalaya Sangeet sodh samiti, Haldwani and Sangeet natak academy at Himalaya Sangeet sodh samiti, Haldwani , on 22-23 Feb. 2020
56. Participated in 1 day International Seminar. organised by Vishva Bharati Shant Niketan and Shanti Niketan trust for Himalaya, 7May, 2020.
57. Lectured in webinar organised by Samay Saksha, Dehradun on 10 June, 2020.

58. Lectured in webinar organised by Utsav Group,Pauri-Garhwal on 11 June, 2020.
59. Participated in 1 day International Webinar Webinar (National Education Policy 2020 : Transformation of Education System) organised by G.P.G. Nagnath-Pokhari (Chamoli), Uttarakand on 5 September, 2020.
60. Participated in 1 day International Webinar Webinar (Nirgun Hindi Sant Kavya Aivam Dr.Pitambar Dutt Barthwal) organised by Madhav University ,Pindwada ,Rajasthan.13 Dec 2020
61. Participated in FB Page Laya Lok Sangeet Sadhana (Classical Holi) , Organiser- Talmani Bharat Mishra, 17 Jan, 2021.
62. Participated in National Seminar on “ Role of Youth in Nation Building” organized by Dr.APJ Abdul Kalam Institute, GDC Tanakpur Dec. 19-1-2021.
63. Organised 2 day National Seminar on jointly organized by Himalaya Sangeet sodh samiti, Haldwani and Sangeet natak academy at Himalaya Sangeet sodh samiti, Haldwani , on 27-28 Feb. 2021.
64. Participated in 1 day International Seminar. organised by Vishva Bharati Shant Niketan and Shanti Niketan trust for Himalaya, 7May, 2021.
65. Organised 1 day National Seminar on on jointly organized by Gov. Degree College Tanakpur and Namami Gange at Gov. Degree College Tanakpur, on 17 July,2021.
66. Participated in 2 day Nnational Seminar/Webinar. organised by Govt. Autonmus Girls P.G. College Excellent, Sagar (M.P.), 27-28 July, 2023.

67. Organised 2 day National Seminar on jointly organized by Namami Gange, Music Department Gov. Degree College Tanakpur & Navyog Suryayodaya Seva Samiti at Gov. Degree College Tanakpur, on 24-25 Janury , 2022.
68. Organised 2 day National Seminar on jointly organized by Himalaya Sangeet sodh samiti, Haldwani and Pighalta Himalaya at Haldwani , on 22-23 Feb. 2022.
69. Participated in 3 day national seminar by Kumaouni Bhasha, Sahitya Evm Sanskriti Prachar Samiti Kasar Devi Almora, on 11-12-13 Nov 2022.
70. Organised National Seminar on jointly organized by Himalaya Sangeet sodh samiti, Haldwani, Sangeet natak academy, History Department MBPG at MBPG , Haldwani , on 19 Feb. 2023.
71. Participated in 2 day national seminar Homestay tourism sustainable development in indian himalayan region organised by Kumaun University , Nainital on 9-10 Oct 2023
72. Participated in 1 day national seminar Ganga River of Yoga Knowledge and Spirituality organised by Namami Ggange Cell Pt. Lalit Mohan Sharma Campus Rishikesh Shri Dev Suman University Uttarakhand Present Entitled Sharda Ghat Me Saangitik Abhiyan. 18-12-2023
73. Organised National Seminar on Himalaya Sanskriti aur Lala Jasuli by Himalaya Sangeet sodh samiti, Haldwani, at Hargovind Suyal , Haldwani , on 25 Feb. 2024.

(H) Awards and Certificates

1. Certificate Award by District Police Nainital for Help to maintain Law and Order at Halwani City. In 1994.
2. Gumani award by Uttarakhand Sodh Sansthan, Lucknow/Pithoragarh, 23 february 2003.
3. Prashasti Patra by Antrashtriya Ekta Manch, Kendrya Committee , Baitdi Nepal, 25 May 2005

4. Award for eminent work in NSS Programs by Kumaun University NSS Cell in 14 Sep 2013.
5. Award for Awareness Program through National Service Scheme by Youth Welfare Dept. Uttarakhand, 2013.
6. Prashasti Patra by District Magistrate Pithoragarh, for Perfect work in Election Duty as a Sector Magistrate and eminent work in the field of Music 11 Dec 2014.
7. Prashasti Patra in Golden Jubilee ceremony by IFFCO at G B PANT University on dated 24 sept 2017.
8. Prashasti patra "Karyitri Ekta Samman Samaroh" by kumaun University Nainital on 12 nov 2017.
9. Prashasti patra by "Rashtiya Yuva Vahini, Uttarakhand (Banbasa, Chamoawat)" on August 2019.
10. Dr.Sarvepalli Radhakishnan International Award of Honor 2021, World Educacio, New Delhi. 5-9-2021
11. Srimati Rajjidevi Nandram Sihag Smriti Samman for writing in International Journal Bohal Shodh Mansuja, by Gina Publishers, Bhivani, Haryana, 30-04-2021
12. CM AWARD (mukhyamantrim utkristta evm sushasan puraskar 2020-21) Dehradun , Uttarakhand 25-12-2022
13. Anup Saha Smriti Samman from Nainital samachar on the account of holi on 5 march 2023.
14. SPARSH GANGA SHIKSHA SHREE AWARD 2023. GIVEN BY Himalayan Education Research & Development Society in Rishikesh Uttarakhand. 17-12-2023
15. Sanskritik utsav Uttarakhand 2024 samman by Champawat Administration & Tourism Department Dt 22-01-2024.

(I) Training/Orientation/Refresher

1. Orientation program of NSS with 'A' Grade organized by Empanelled Training Institute at Amrapali Institute Haldwani, 10-16 December 2013.

2. Participated in the 71th orientation course from Jan. 06 to Feb. 02, 2015 and obtained “A” Grade in UGC-Academic Staff College, Banaras Hindu University, Varanasi.
3. Participated in the Refresher course from nov. 03 to nov. 23, 2016 and obtained “A” Grade in UGC- HRDC Kumaun university, nanital, Uttrakhand.
4. Participated in the Refresher course from mar. 10 to mar. 30, 2018 and obtained “A” Grade in UGC- HRDC Kumaun university, nanital, Uttrakhand.
5. Participated in the "Short Time Course in ICT enabled learning" from 7 August 2020 to 14 August 2020, UGC- HRDC Kumaun university, nanital, Uttrakhand.
6. Participated in the Faculty Development Programme "Psychological Skills for Effective Teaching Learning" from 1 June 2020 to 7 June 2021, Teaching Learning Centre, Raamnujan College University of Delhi.
7. Participated in the Refresher course from 21 August to 4 September 2021 and obtained “A” Grade in UGC- HRDC Aligarh Muslim university, Aligarh, UP
8. Participated in the Refresher course from 29 December 2022 to 11 January 2023 and obtained “B” Grade in UGC- HRDC Jamia Millia Islamia, New Delhi.

(J) Work as a resource person/ Chief Instructor

1. Regional Cultural Centre, Nainital.10-25 July 1998
2. Working as a Chief Instructor or Organiser in Annual workshop of Sangeet Natak Akademy, New Delhi 2003 to continue
3. Chief Instructor in Guru-sishy Parampara workshop organised by Uttar Sanskritic Kendra, Patiyala at Haldwani. 1 June 2008 to 2009
4. Working as a Chief Instructor or Organiser in Bhatkhande Sangeet Vidyapeeth, Lucknow
5. Gone to Vimal Yatra Sangeet Natak Academy on 19-20 September 2018.
6. Working as Co-ordinator in Desaj: Bharat Ki Vividh Sanskritik Abhivyaaktiyo Ka Utsav Programme 2-4 October 2018.
7. Contribution on making syllabus /paper of uttarakhand subordinate services selection commission. 6-7 Jun 2024, 23-24 Jun 2024.

(K) Honorary Director of “Himalaya Sangeet Soadh Samiti, Haldwani,

Distt- Nainital. Uttarakhand. India.

1. Organized more than 900 workshops On Classical Music and Folk Music at various Schools and colleges since 1998.
2. Organized more than 800 stage shows related to Classical music (Vocal) in Uttarakhand since 1998.
3. Presented near about 380 stage shows in different forms of Classical music (Vocal) in all over India since 1998.
4. 700 Workshops and sittings of Classical Kumaoni Holi in different places of Uttarakhand since 1998.
5. Worked as Organising Secretary in “JanSunvai” supported by National Commission for Women. Haldwani 1 April 2002.
6. Organized/ Participated in 750 Holi stage shows all over India since 1998.
7. Participated in 15 days, “Ban bachao sangeet yatra” organised by Biodiversity programme under Forestry department, Uttarakhand Government, 2008.
8. Worked as Principal Investigator under Ministry of Cultural, Government of India on Kumaoni Ramlila during 2004 - 2009
9. Worked as Principal Investigator under Ministry of Cultural, Government of India on Kumaoni Holi during.2005 – 2009
10. Given lecture in the occassion of eight lecture of the series of Guru Diwas Vyakhyan Mala organised by P N G Degree College Ramnagar on 6th january 2022.

(L) Made videos for teaching student in You tube

1. Sangeet Mala part 1-35.
2. Raag Mala part 1-10.
3. Raag Parichay part 1-30.
4. Ek Bharat Shreshth Bharat 1-12
5. Short Film (Stigma & Discrimination) Aids
6. Prepare audio/vedio on subject voters awareness in lok sabha 2024 order of distt election office Champawat

(M) Academic Experience

Duration	Instution	Designation	Nature of Work
11.10.2001 to 31.03.2002	Govt. P. G. College Berinag	Visiting Professor & Head,	Teaching & Research
22-07-2002 to 17-05-2003	Govt. P. G. College Berinag	Visiting Professor & Head,	Teaching & Research
30-08-2003 to 30-04-2004	Govt. P. G. College Pithoragarh	Visiting Professor & Head,	Teaching & Research
18-11-2004 to 04-05-2005	Govt. P. G. College Pithoragarh	Visiting Professor & Head,	Teaching & Research
31-08-2005 to 26-05-2006	Govt. P. G. College Ranikhet	Visiting Professor & Head,	Teaching & Research
31-08-2006 to 22-05-2007	Govt. P. G. College Ranikhet	Visiting Professor & Head,	Teaching & Research
30-08-2007 to 31-05-2008	Govt. P. G. College Ramnagar	Visiting Professor & Head,	Teaching & Research
03-10-2008 to 05-02-2009	Govt. P. G. College Ramnagar	Visiting Professor & Head,	Teaching & Research
06-02-2009 to 30-06-2009	M. B. P. G. College, Haldwani	Visiting Professor	Teaching & Research
23-08-2009 to 05-10-2009	Govt. P. G. College Berinag	Visiting Professor & Head,	Teaching & Research
06-10-2009 to 06-04-2010	Govt. P. G. College Ranikhet	Visiting Professor & Head,	Teaching & Research
07-04-2010 to 26-05-2010	M. B. P. G. College, Haldwani	Visiting Professor	Teaching & Research
06-07-2010 to 31-06-2011	Govt. P. G. College Berinag	Visiting Professor & Head,	Teaching & Research
11-07-2011 – 25-07- 2013	Govt. P. G. College Berinag	Visiting Professor & Head,	Teaching & Research
26-07-2013 – 31-07-2017	Govt. P. G. College Berinag, - Pithoragarh, Uttarakhand	Assitant Professor & Head,	Teaching & Research
01-08-2017- till date	Govt. Degree College Tanakpur Champawat, Uttarakhand	Assitant Professor & Head,	Teaching & Research